

2022- Girls Spring Lake Invitational - 10/15/2022

Results - Swimming & Diving Finals

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time
1 GR Christian-D3	A	1:59.78
1) Harkness, Maeve	2) Enders, Kaylee	
3) Mills, Juliana	4) Harkness, Veda	
33.70 32.17	27.38 26.53	
2 Spring Lake-MI	A	2:00.44
1) Mazurek, Alana SO	2) Vander Heide, Sadie SO	
3) Boodt, Bella JR	4) Brown, Hannah SO	
30.95 34.05	29.57 25.87	
3 Mmsg-D1-D1	A	2:03.69
1) Sytsema, Sydney 11	2) Van Baale, Susie 10	
3) Huttenga, Naomi 12	4) Gaston, Marilyn 11	
	28.41 27.81	
--- Spring Lake-MI	B	X2:06.96
1) Miller, Emma SR	2) Fouchea, Ava JR	
3) Meyers, Kyla JR	4) Botbyl, Alexandra FR	
33.75 35.42	29.85 27.94	
--- GR Christian-D3	B	x2:15.54
1) Vance, Greta	2) Sadowski, Piper	
3) Vander Heide, Katelyn	4) Hermen, Emily	
35.28 43.47	29.25 27.54	
--- GR Christian-D3	C	x2:17.81
1) Sandberg, Adie	2) Brandt, Katherine	
3) Molenbeek, Lucy	4) Heerema, Micah	
35.29 41.37	32.04 29.11	
--- Mmsg-D1-D1	B	x2:18.41
1) Zziwambazza, Sophia 11	2) Eenigenburg, Maria 10	
3) Curow, Millie 11	4) Bradley, Elise 10	
34.58 37.82	36.33 29.68	
--- Spring Lake-MI	C	X2:19.52
1) Brower, Rachael SO	2) VanDonkelaar, Lexi SR	
3) Twa, Ava FR	4) Meyers, Sophia FR	
34.99 37.09	38.71 28.73	
--- Spring Lake-MI	D	X2:49.08
1) Prince, Grace FR	2) Hare, Rhyan FR	
3) Cough, Karley FR	4) Wahl, Alaina SR	
46.28 45.92	42.11 34.77	
--- Mmsg-D1-D1	C	x3:17.71
1) Grimm, Sage 09	2) Morin, Aurora 9	
3) Vanderlinde, Zoey 11	4) Emmick, Hollen 9	
51.38 1:07.23	52.83 26.27	

Event 2 Girls 200 Yard Freestyle

Name	YrSchool	Finals Time
1 Carpenter, Grace	GR Christian-D3	2:05.35
28.50 31.30	1:05.55	
2 Fouchea, Tori	SR Spring Lake-MI	2:06.35
3 Sadowski, Piper	GR Christian-D3	2:10.85
30.25 32.88	34.02 33.70	
4 Meyers, Delaney	SR Spring Lake-MI	2:13.28
30.01 33.72	35.32 34.23	
5 Harkness, Veda	GR Christian-D3	2:14.02
30.17 34.04	35.00 34.81	
6 Stout, Eva	11 Mmsg-D1-D1	2:15.70
30.18 34.46	36.60 34.46	
7 Stewart, Jessica	JR Spring Lake-MI	2:23.16

8 Van Baale, Susie	10 Mmsg-D1-D1	2:27.22
35.07 37.50	39.73 34.92	
9 Molenbeek, Lucy	GR Christian-D3	2:28.71
34.73 37.54	39.08 37.36	
10 Buist, Ali	GR Christian-D3	2:30.89
34.05 38.87	39.92 38.05	
11 Offman, Grace	09 Mmsg-D1-D1	2:31.34
	40.35 37.24	
12 Johnson, Riley	SO Spring Lake-MI	2:44.52
37.79 41.64	43.81 41.28	
13 Bowen, Cambree	10 Mmsg-D1-D1	2:54.47
37.79 43.43	46.03 47.22	

Event 3 Girls 200 Yard IM

Name	YrSchool	Finals Time
1 Mills, Juliana	GR Christian-D3	2:22.00
28.45 35.94	43.73 33.88	
2 Meyers, Kyla	JR Spring Lake-MI	2:26.20
32.25 37.16	44.60 32.19	
3 Vander Heide, Katelyn	GR Christian-D3	2:35.76
32.96 43.00	45.32 34.48	
4 VanDonkelaar, Lexi	SR Spring Lake-MI	2:46.89
39.09 41.56	46.68 39.56	
5 Vance, Greta	GR Christian-D3	2:46.97
35.62 42.20	52.06 37.09	
6 Miller, Emma	SR Spring Lake-MI	2:49.40
36.04 41.41	53.42 38.53	
7 Curow, Millie	11 Mmsg-D1-D1	3:05.35
38.21 46.05	59.67 41.42	

Event 4 Girls 50 Yard Freestyle

Name	YrSchool	Finals Time
1 Harkness, Maeve	GR Christian-D3	26.09
2 Mills, Janie	GR Christian-D3	26.10
3 Brown, Hannah	SO Spring Lake-MI	26.12
4 Sytsema, Sydney	11 Mmsg-D1-D1	26.28
5 Mazurek, Alana	SO Spring Lake-MI	26.88
6 Rose, Tegan	JR Spring Lake-MI	27.28
7 Gaston, Marilyn	11 Mmsg-D1-D1	27.86
8 Enders, Kaylee	GR Christian-D3	28.22
9 Botbyl, Alexandra	FR Spring Lake-MI	28.27
10 Hermen, Emily	GR Christian-D3	28.35
11 Pegman, Kaitlin	GR Christian-D3	28.50
12 Boodt, Bella	JR Spring Lake-MI	28.60
13 Fouchea, Ava	JR Spring Lake-MI	28.70
14 Zziwambazza, Sophia	11 Mmsg-D1-D1	28.82
15 Twa, Ava	FR Spring Lake-MI	28.96
16 Brower, Rachael	SO Spring Lake-MI	29.31
17 Sandberg, Adie	GR Christian-D3	29.98
18 Wierenga, Lindsey	GR Christian-D3	30.01
19 Diemer, Abbe	GR Christian-D3	30.20
20 Heerema, Micah	GR Christian-D3	30.39
21 Rantanen, Callie	SO Spring Lake-MI	30.77
22 Bradley, Elise	10 Mmsg-D1-D1	30.85
23 Dill, Alexis	SO Spring Lake-MI	32.10
24 Workman, Charlotte	GR Christian-D3	32.16
25 DeBlecourt, Mollie	GR Christian-D3	32.24
26 Cough, Karley	FR Spring Lake-MI	32.60

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(Event 4 Girls 50 Yard Freestyle)

Name	YrSchool	Finals Time
27 King, Vivian	GR Christian-D3	32.77
28 Brandt, Katherine	GR Christian-D3	33.14
29 Zheng, Emily	10 Mmsg-D1-D1	33.42
30 Kuperus, Miriam	GR Christian-D3	33.71
31 Wahl, Alaina	SR Spring Lake-MI	33.73
32 VanDenened, Karson	GR Christian-D3	33.97
33 Hare, Rhyan	FR Spring Lake-MI	34.39
34 Thornton, Kennedy	GR Christian-D3	34.96
35 Morin, Aurora	9 Mmsg-D1-D1	41.02
36 Grimm, Sage	09 Mmsg-D1-D1	42.83

Event 5 Girls 1 mtr Diving

Name	YrSchool	Finals Score
1 Setlock, Emily	GR Christian-D3	336.05
2 Wickstrom, Natalie	GR Christian-D3	302.35
3 VandenBerg, Ella	GR Christian-D3	268.40
4 McGowan, Lily	GR Christian-D3	256.20
5 Vanderploeg, Lainy	GR Christian-D3	245.05
6 Wiseman, Amaya	SO Spring Lake-MI	212.25
7 Emmick, Hollen	9 Mmsg-D1-D1	208.80

Event 6 Girls 100 Yard Butterfly

Name	YrSchool	Finals Time
1 Mills, Juliana	GR Christian-D3	1:01.26
29.01	32.25	
2 Harkness, Veda	GR Christian-D3	1:04.63
29.85	34.78	
3 Huttenga, Naomi	12 Mmsg-D1-D1	1:05.43
30.25	35.18	
4 Boedt, Bella	JR Spring Lake-MI	1:07.30
31.45	35.85	
5 Stout, Eva	11 Mmsg-D1-D1	1:09.18
31.99	37.19	
6 Vander Heide, Katelyn	GR Christian-D3	1:10.27
33.36	36.91	
7 Meyers, Delaney	SR Spring Lake-MI	1:14.06
34.11	39.95	
8 Stewart, Jessica	JR Spring Lake-MI	1:15.26
35.03	40.23	
9 Michaelis, Olivia	11 Mmsg-D1-D1	1:39.01
44.50	54.51	

Event 7 Girls 100 Yard Freestyle

Name	YrSchool	Finals Time
1 Carpenter, Grace	GR Christian-D3	57.54
27.22	30.32	
2 Mills, Janie	GR Christian-D3	58.47
28.06	30.41	
3 Rose, Tegan	JR Spring Lake-MI	59.59
28.23	31.36	
4 Brown, Hannah	SO Spring Lake-MI	59.65
28.39	31.26	
5 Fouchea, Tori	SR Spring Lake-MI	59.99
29.16	30.83	
6 Mazurek, Alana	SO Spring Lake-MI	1:00.51
7 Gaston, Marilyn	11 Mmsg-D1-D1	1:01.09
29.62	31.47	

8 Eenigenburg, Maria	10 Mmsg-D1-D1	1:01.52
29.14	32.38	
9 VanDonkelaar, Lexi	SR Spring Lake-MI	1:01.61
29.87	31.74	
10 Pegman, Kaitlin	GR Christian-D3	1:03.65
30.59	33.06	
11 Hermen, Emily	GR Christian-D3	1:04.31
12 Wierenga, Lindsey	GR Christian-D3	1:04.34
30.45	33.89	
13 Brower, Rachael	SO Spring Lake-MI	1:06.81
31.33	35.48	
14 Rantanen, Callie	SO Spring Lake-MI	1:07.67
32.60	35.07	
15 Workman, Charlotte	GR Christian-D3	1:10.20
33.08	37.12	
16 Diemer, Abbe	GR Christian-D3	1:13.18
17 Johnson, Riley	SO Spring Lake-MI	1:14.23
36.44	37.79	
18 King, Vivian	GR Christian-D3	1:14.50
34.77	39.73	
19 DeBlecourt, Mollie	GR Christian-D3	1:14.65
34.88	39.77	
20 Cough, Karley	FR Spring Lake-MI	1:15.04
36.27	38.77	
21 VanDenened, Karson	GR Christian-D3	1:16.13
36.48	39.65	
22 Thornton, Kennedy	GR Christian-D3	1:18.69
38.02	40.67	
23 Kuperus, Miriam	GR Christian-D3	1:19.66
38.96	40.70	
24 Bradley, Claire	09 Mmsg-D1-D1	1:22.76
39.22	43.54	
25 Vanderlinde, Zoey	11 Mmsg-D1-D1	1:27.96
41.94	46.02	
26 Grimm, Sage	09 Mmsg-D1-D1	1:36.88

Event 8 Girls 500 Yard Freestyle

Name	YrSchool	Finals Time
1 Hoekstra, Emily	GR Christian-D3	5:22.33
29.31	31.59	32.01 32.29
32.87	32.77	32.68 33.61
32.95	32.25	
2 Sadowski, Piper	GR Christian-D3	5:43.48
31.44	34.08	34.72 34.69
34.95	35.49	34.50 35.15
34.60	33.86	
3 Molenbeek, Lucy	GR Christian-D3	6:35.55
35.00	38.99	40.04 39.87
40.58	41.21	39.93 40.38
41.51	38.04	
4 Meyers, Sophia	FR Spring Lake-MI	6:35.67
1:13.11		40.44
40.88	41.56	42.57 42.16
40.62	33.76	
5 Botbyl, Alexandra	FR Spring Lake-MI	6:40.37
35.03	39.11	41.38 41.53
41.80	41.72	41.74 41.02
40.10	36.94	

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(Event 8 Girls 500 Yard Freestyle)

Name	Yr	School	Finals Time	
6 Buist, Ali		GR Christian-D3	6:42.31	
	35.20	39.37	40.63	41.50
	40.76	41.25	42.15	41.51
	41.70	38.24		
7 Curow, Millie		11 Mmsg-D1-D1	6:48.91	
	35.58	39.85	42.02	41.65
	41.32	41.23	42.13	42.49
	42.64	40.00		
8 Offman, Grace		09 Mmsg-D1-D1	6:48.99	
	35.18			
		38.41		

Event 9 Girls 200 Yard Freestyle Relay

Team	Relay	Finals Time	
1 GR Christian-D3	A	1:47.11	
1) Carpenter, Grace	2) Mills, Janie		
3) Enders, Kaylee	4) Hoekstra, Emily		
	26.34	26.62	27.87 26.28
2 Spring Lake-MI	A	1:47.94	
1) Rose, Tegan JR	2) Mazurek, Alana SO		
3) Fouchea, Tori SR	4) Brown, Hannah SO		
	27.50	27.09	27.04 26.31
3 Mmsg-D1-D1	A	1:57.65	
1) Eenigenburg, Maria 10	2) Bradley, Elise 10		
3) Zziwambazza, Sophia 11	4) Stout, Eva 11		
	28.73	30.71	29.88 28.33
--- GR Christian-D3	B	x1:50.05	
1) Mills, Juliana	2) Hermen, Emily		
3) Vander Heide, Katelyn	4) Pegman, Kaitlin		
	26.46	28.12	27.41 28.06
--- Spring Lake-MI	B	X1:55.59	
1) VanDonkelaar, Lexi SR	2) Fouchea, Ava JR		
3) Stewart, Jessica JR	4) Meyers, Delaney SR		
	29.09	29.27	29.72 27.51
--- GR Christian-D3	C	x2:05.34	
1) Buist, Ali	2) Brandt, Katherine		
3) Sandberg, Adie	4) Wierenga, Lindsey		
	33.63	32.93	30.20 28.58
--- Mmsg-D1-D1	B	x2:11.63	
1) Curow, Millie 11	2) Offman, Grace 09		
3) Vanderlinde, Zoey 11	4) Van Baale, Susie 10		
	29.65	32.77	39.56 29.65
--- Spring Lake-MI	C	X2:12.77	
1) Dill, Alexis SO	2) Hare, Rhyan FR		
3) Johnson, Riley SO	4) Rantanen, Callie SO		
	33.83	34.31	33.93 30.70
--- GR Christian-D3	D	x2:18.00	
1) VanDenened, Karson	2) Thornton, Kennedy		
3) Diemer, Abbe	4) DeBlecourt, Mollie		
	35.63	35.28	32.62 34.47
--- Mmsg-D1-D1	C	x2:23.68	
1) Bowen, Cambree 10	2) Emmick, Hollen 9		
3) Bradley, Claire 09	4) Zheng, Emily 10		
	35.89	35.89	1:11.90

Event 10 Girls 100 Yard Backstroke

Name	Yr	School	Finals Time	
1 Sytsema, Sydney		11 Mmsg-D1-D1	1:06.00	
	31.60	34.40		
2 Harkness, Maeve		GR Christian-D3	1:07.79	
	32.69	35.10		
3 Meyers, Kyla		JR Spring Lake-MI	1:09.94	
	33.98	35.96		
4 Miller, Emma		SR Spring Lake-MI	1:15.28	
	36.00	39.28		
5 Heerema, Micah		GR Christian-D3	1:16.73	
	37.33	39.40		
6 Vance, Greta		GR Christian-D3	1:16.90	
	36.95	39.95		
7 Zziwambazza, Sophia		11 Mmsg-D1-D1	1:17.09	
	38.36	38.73		
8 Sandberg, Adie		GR Christian-D3	1:18.23	
	37.96	40.27		
9 Bradley, Elise		10 Mmsg-D1-D1	1:20.24	
	38.20	42.04		
10 Twa, Ava		FR Spring Lake-MI	1:22.30	
	39.21	43.09		
11 Meyers, Sophia		FR Spring Lake-MI	1:22.69	
	41.62	41.07		
12 Wahl, Alaina		SR Spring Lake-MI	1:27.53	
	42.37	45.16		
13 Bradley, Claire		09 Mmsg-D1-D1	1:37.34	
	46.50	50.84		
14 Michaelis, Olivia		11 Mmsg-D1-D1	1:46.74	
	52.04	54.70		
15 Vanderlinde, Zoey		11 Mmsg-D1-D1	1:50.09	
16 Morin, Aurora		9 Mmsg-D1-D1	2:01.56	
	1:00.03	1:01.53		
--- Zheng, Emily		10 Mmsg-D1-D1	DQ	
	47.40	51.88		

Event 11 Girls 100 Yard Breaststroke

Name	Yr	School	Finals Time	
1 Hoekstra, Emily		GR Christian-D3	1:12.85	
	34.97	37.88		
2 Vander Heide, Sadie		SO Spring Lake-MI	1:14.04	
	34.80	39.24		
3 Huttenga, Naomi		12 Mmsg-D1-D1	1:18.05	
	36.20	41.85		
4 Van Baale, Susie		10 Mmsg-D1-D1	1:19.54	
	37.99	41.55		
5 Fouchea, Ava		JR Spring Lake-MI	1:19.66	
	37.68	41.98		
6 Eenigenburg, Maria		10 Mmsg-D1-D1	1:25.29	
	39.52	45.77		
7 Brandt, Katherine		GR Christian-D3	1:36.43	
	43.84	52.59		
8 Bowen, Cambree		10 Mmsg-D1-D1	1:40.79	
	49.25	51.54		
9 Hare, Rhyan		FR Spring Lake-MI	1:44.30	
	47.84	56.46		

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Results - Swimming & Diving Finals

(Event 11 Girls 100 Yard Breaststroke)

Name	Yr	School	Finals Time
10 Prince, Grace	FR	Spring Lake-MI	2:10.70
1:03.44	1:07.26		

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 GR Christian-D3	A	3:56.23
1) Carpenter, Grace	2) Harkness, Veda	
3) Mills, Janie	4) Hoekstra, Emily	
27.70	58.87	28.27
28.14	59.94	27.69
		58.38
		59.04
2 Spring Lake-MI	A	3:57.52
1) Meyers, Kyla JR	2) Fouchea, Tori SR	
3) Meyers, Delaney SR	4) Rose, Tegan JR	
29.26	59.85	27.86
28.06	1:00.16	28.09
		59.25
3 Mmsg-D1-D1	A	4:09.03
1) Gaston, Marilyn 11	2) Stout, Eva 11	
3) Sytsema, Sydney 11	4) Huttenga, Naomi 12	
30.53	1:02.81	30.20
29.00	1:00.96	1:03.00
		29.85
		1:02.26
--- GR Christian-D3	B	x4:23.90
1) Sadowski, Piper	2) Pegman, Kaitlin	
3) Wierenga, Lindsey	4) Vance, Greta	
32.53	1:06.96	30.12
31.04	1:06.21	1:04.02
		31.57
		1:06.71
--- Spring Lake-MI	B	X4:24.39
1) Botbyl, Alexandra FR	2) Stewart, Jessica JR	
3) Meyers, Sophia FR	4) Boodt, Bella JR	
31.51	1:05.59	32.02
33.23	1:10.13	1:07.05
		29.49
		1:01.62
--- Spring Lake-MI	C	X4:31.00
1) Miller, Emma SR	2) Rantanen, Callie SO	
3) Twa, Ava FR	4) Brower, Rachael SO	
31.75	1:07.83	32.79
33.21	1:09.43	1:09.21
		30.40
		1:04.53
--- GR Christian-D3	C	x4:33.23
1) Molenbeek, Lucy	2) Buist, Ali	
3) Workman, Charlotte	4) Heerema, Micah	
32.49	1:07.63	32.97
32.65	1:08.62	1:09.79
		31.92
		1:07.18
--- GR Christian-D3	D	x5:08.38
1) Diemer, Abbe	2) DeBlecourt, Mollie	
3) Thornton, Kennedy	4) King, Vivian	
35.17	1:14.67	
38.25	1:18.87	1:21.64
		34.21
		1:13.20
--- Spring Lake-MI	D	X5:36.18
1) Wahl, Alaina SR	2) Johnson, Riley SO	
3) Prince, Grace FR	4) Cough, Karley FR	
38.29	1:21.32	38.79
48.19	1:42.11	1:18.52
		34.26
		1:14.23
--- Mmsg-D1-D1	B	DQ
1) Bowen, Cambree 10	2) Bradley, Claire 09	
3) Zheng, Emily 10	4) Offman, Grace 09	
38.47	1:20.45	39.27
39.79	1:24.12	1:22.71
		33.29
		1:09.65

Combined Team Scores**Combined Team Scores - Through Event 12**

1. Grand Rapids Christian High	640
2. Spring Lake High School	510
3. Muskegon Mona Shores HS Co-op	375

Scores - Women**Women - Team Rankings - Through Event 12**

1. Grand Rapids Christian High	640
2. Spring Lake High School	510
3. Muskegon Mona Shores HS Co-op	375